

Althea Library Breakfast Order Sheet

We would be grateful if you would complete this sheet and leave it on the kitchen table each evening before you go out - many thanks

PLEASE USE A COLUMN FOR EACH PERSON

Orange Juice	[] [] []	Weetabix	[] [] []
Grapefruit Juice	[] [] []	Muesli	[] [] []
Apple Juice	[] [] []	Poached pear & soft fresh fruits	[] [] []
Cranberry Juice	[] [] []	Greek Yoghurt	[] [] []
		Natural yoghurt	[] [] []
Crunchy Nut Cornflakes	[] [] []	Fruit compote (stewed fruit)	[] [] []
Cornflakes	[] [] []	Prunes	[] [] []
Special K	[] [] []		
Bran Flakes	[] [] []		
Porridge (made with milk or water?)	[] [] []		
Fresh grapefruit	[] [] []		
Tinned grapefruit segments	[] [] []	Rack of toast (wholemeal/white/mixed?)	[] [] []
Scrambled eggs with smoked salmon (served in a toasted muffin)	[] [] []		
Kippers (one or two?)	[] [] []		
Smoked haddock	[] [] []		
Aga griddled egg	[] [] []	Pork sausage	[] [] []
Poached egg	[] [] []	Tomato	[] [] []
Scrambled eggs	[] [] []	Hash brown	[] [] []
Boiled egg (one or two?)	[] [] []	Baked beans	[] [] []
Bacon	[] [] []	Oven-fried bread	[] [] []
Mushrooms	[] [] []	Vegan sausage	[] [] []
Continental breakfast : - Bread roll, croissant, ham, cheese			[] [] []
Tea : -			
Breakfast tea	[] [] []	Earl Grey	[] [] []
Green tea	[] [] []	Chamomile	[] [] []
Decaffeinated tea	[] [] []	Lemon & Ginger	[] [] []
Peppermint	[] [] []	Wild Berry	[] [] []
Cafetiere coffee : -			
Origin	- Rainforest Alliance Monte Sion		[] [] []
Origin	- Fairtrade Excelso Medellin		[] [] []
Twinings	- mellow		[] [] []
Twinings	- rich roast		[] [] []
Origin	- Fairtrade naturally decaffeinated, mellow		[] [] []
Hot chocolate			[] [] []

**BREAKFAST IS SERVED ANY TIME
BETWEEN 8.30am and 9.30 am**

Organic produce is used wherever possible.
The sausages are made locally and the eggs are always free range.

If you would like a complimentary newspaper with your breakfast please indicate your preference below.

(Dairy-free milk and spread are available on request)